SUPPORT GROUPS & EDUCATION



## VIRTUAL HEALTH AND WELLNESS EVENTS FOR CANCER PATIENTS

	MAY	JUNE	JULY	AUG		
	23	27	25	22	Cancer Nutrition During and After Cancer Treatment Learn about special nutritional needs from a Registered Dietician. Fourth Thursday, 10:00 am - 12:00 pm • Online/WebEx, Call 808-691-8984	
	9	13	11	8	Cancer Survivorship Support Group For Survivors adapting to life after cancer treatment. Facilitator: Kristy Fujinaga, RN Second Thursday, 11:00 am - 12:00 pm • Online/WebEx • Call 808-691-8914	
	28	25	23	27	Mindfulness Meditation for Cancer Survivors Fourth Tuesdays, 11:00 am - 12:00 pm • Online/WebEx	
	15	19	17	21	Caregiver Support Group Supports the needs of care givers to help them keep a balanced life style. Third Wednesday, 10:30 - 11:30 am • Online/WebEx	
	20	17	15	19	Head & Neck Support Group Warriors battling cancer of the brain, mouth, throat, thyroid, & esophagus. Third Monday, 11:00 am - 12:30 pm • Online/WebEx	
	16	20	18	15	Breast Cancer Support A forum for women to discuss and share issues related to breast cancer. Third Thursday, 11:00 am - 12:00 pm • Online/WebEx	
	20	24	22	26	Lung Cancer Support Survivors share and help one another cope with the difficulties the disease can cause. Fourth Monday, 10:00 - 11:00 am • Online/WebEx	
	2	6	11	1	GI Cancer Support A support group for patients with gastrointestinal cancer. First Thursday, 11:30 am - 12:30 pm • Online/WebEx	
Online/WebEx 808-691-8984 for information Art therapy for all cancer survivors and their caregiver. Tuesdays per art schedule • 10:00 am - 12:00 pm • Online/Web						
Register online:       Look Good, Feel Better         www.lookgoodfeelbetter.org       Live virtual workshops to help you feel your best.						
	May > Skin Cancer Awareness Month					
	June   National Cancer Survivorship					
		July > Sarcoma/Bone Cancer				
		August   Appendix Cancer Awareness				
	At Queen's ouir focus is keeping our patients, visitors, staff and providers healthy and safe.					
All support groups and classes continue to meet virtually via WebEx. 🖊						

For more information on Queen's Cancer Center programs and services or to be

added to the email list for virtual meetings, call 808-691-8984.