



# We Deliver Our Best for You and Baby

*Pulama I Ka 'Ohana  
We cherish the family*



**THE QUEEN'S  
MEDICAL CENTER  
MANAMANA**

[www.queens.org/maternity](http://www.queens.org/maternity)



## *Pulama I Ka'Ohana*

*We cherish the family*

**Thank you** for allowing us to share our maternity services with you through our Queen's Baby Kit. It is our goal to create a positive experience for you and your family.

## Care for You and Your Baby at Queen's

At Queen's, when it comes to the birth of your baby, we deliver our best. From labor to delivery to postpartum care, we'll be there every step of the way to ensure that you and your baby receive the very best. We offer:

- Private, spacious suites for labor and birth, and postpartum care
- Top-ranking patient satisfaction
- Top-ranking pain management during labor (OB anesthesiologist available 24/7)
- Exceptional care team focused on you
- Family-centered care with a personal touch
- Safety for baby with a neonatologist available
- Pediatric providers available
- Comprehensive care for mother through our full-service medical center
- Infant security and monitoring
- 24-hour rooming-in with your baby
- Breastfeeding support
- Childbirth education
- Car seat education and installation by appointment



## Planning for Baby's Arrival

### MATERNITY UNIT TOURS

Attend our free maternity tour and see what Queen's has to offer. Maternity tours are open to mothers-to-be and their partners. For upcoming tour information, visit [queens.org/maternity](http://queens.org/maternity) or call The Queen's Referral Line at 808 691-7117.

### NEW PARENT CLASSES

Queen's offers educational classes to help you prepare for your baby's arrival. Topics covered include labor and delivery, postpartum recovery, infant care, and breastfeeding. In-person and virtual options are available.

### CAR SEAT INSTALLATION

Be sure to have an infant car seat properly installed in the vehicle in which you and your baby will ride home. If you have questions about how to place your baby in the car seat, please inquire with the nurses for assistance on your first day within the postpartum unit. Queen's offers a free, optional car seat education and installation program, available by appointment only. It is recommended that you schedule your appointment before your eighth month of pregnancy to prepare ahead of time. Please bring the car seat and instruction manual for your session.

**To register for tours and classes, or to learn about other maternity-related information, please visit [www.queens.org/maternity](http://www.queens.org/maternity), or call The Queen's Referral Line at 808-691-7117 for registration.**

### BIRTH PREFERENCES

Birth preferences are welcomed. If you choose to write a birth plan, be sure to discuss your preferences with your physician ahead of time. This is a great communication tool for you, your provider, and nurses. Please bring a copy with you when you come to deliver your baby, so it can be shared with your labor nurse, postpartum nurse, and nursery nurse.

### WHAT TO BRING TO THE HOSPITAL

- Photo ID (for mom and partner)
- Medical Insurance card
- Your own personal toiletries, robe, slippers/footwear, and clothing to return home in. Hospital gowns and personal hygiene supplies are available for each recovering mom.
- A blanket and clothing for your new baby to wear home. If you plan on utilizing our professional photographer for newborn photos, you may also want to bring special clothing.

A microwave oven is available in the Labor & Delivery and Postpartum unit.

Coolers or sleeping bags are not allowed in the hospital.

Do not bring any additional medication with you unless your doctor has instructed you to do so. Please leave other valuables at home.



## Having Your Baby at Queen's



*Pulama I Ka 'Ohana* means “we cherish the family.” At Queen's, we provide family-centered care with a personal touch. Our care team strives to create a positive experience for each expectant mother and we encourage your entire 'ohana to be a part of this exciting occasion.

### PRE-ARRIVAL REGISTRATION

You are highly encouraged to pre-register with Admitting during your pregnancy, prior to your delivery date. This will ensure a smooth process on the day of your admission.

Pre-register by visiting the Admitting Office located on the first floor of the hospital, or by calling **808-691-4321**. You may also download a pre-registration form at [www.queens.org/maternity](http://www.queens.org/maternity). Email completed form to [maternity@queens.org](mailto:maternity@queens.org) or mail/drop off to:  
Attn: Admitting Department  
The Queen's Medical Center  
1301 Punchbowl Street  
Honolulu, HI 96813

When you arrive, registration will also include:

- **Consent for Treatment and Care:** Minors must have parents or legal guardians present to sign consent for treatment and care.
- **Advance Directives:** If you are an adult, 18 years or older, Federal law requires us to ask if you have an advance directive, such as a living will or a durable power of attorney for health care. If you have one, please bring a copy for your medical records. If you have questions regarding advance directives, please consult with your doctor or request for Social Work assistance.

### ADMISSION

When your special day arrives and you are in labor, call Labor & Delivery at 808-691-4227 to notify them when you are on your way to the hospital. Bypass Admitting and go directly up to the Labor & Delivery Unit on hospital level 10, via Queen Emma Elevator, when you arrive.

When arriving at the hospital during the day between the hours of 5:00 am and 8:00 pm, enter through the front lobby.

If you arrive in the overnight hours from 8:00 pm - 5:00 am, the entrance to the medical center is through the Emergency Room to maintain hospital security. There are wheelchairs available at both entrances.

## Your Labor and Delivery Experience

You will triage, labor, give birth, and spend your initial recovery period in one of our private birthing suites, each with a complete private bathroom. The room is equipped with all necessary equipment, including a special bed for labor and birth, to ensure a safe delivery while maintaining a home-like environment. Laboring aids, such as a labor ball, peanut ball, and squatting bar are available.

Queen's has an OB anesthesiologist within the unit, available 24 hours a day for the laboring mother's pain management needs. We offer patient-controlled, epidural anesthesia—you decide how much pain control is needed.

After birth, you and your baby will have the opportunity to bond in your labor and delivery suite. This is the perfect time for you to begin to get to know your baby and also to breastfeed, if you so choose. Partners, grandparents, and siblings are welcome in the delivery room.

### VISITING YOUR LOVED ONE

- During labor and delivery: Dads, support adults, and children are welcomed at any time. All children must be accompanied by an adult, other than the birthing mother. If young children will be present during labor and birth, we suggest you prepare them for what they may see and hear.
- After recovery, you will be relocated to one of our private, spacious postpartum suites. Within the Postpartum Unit, each of our private postpartum rooms offers a chair bed for one adult overnight support person, along with bedding and pillows. Children are not allowed to sleep overnight in the hospital as this is an important time to bond with your new baby, establish breastfeeding, and rest.



## Your Couple Care Experience in the Postpartum Suite

### 24-HOUR ROOMING IN

Once you are settled in your room, you and your baby will be assessed by their nurse. To promote positive bonding, successful breastfeeding, and to prepare you for caring for your baby at home, we recommend that you keep your baby with you during your stay. The skilled nursing staff at Queen's will help you care for your baby, answer your questions, and assist you in becoming comfortable with the care of your newborn.

### PEDIATRIC CARE

You should select a pediatrician and have an initial consultation before you deliver. We will notify your baby's pediatrician of your delivery. If your chosen pediatrician does not practice at Queen's, our pediatric hospitalist will care for your baby while in the hospital, and we will send applicable medical records to your pediatrician's office prior to your baby's first well-baby appointment.

**Need help selecting a physician? Visit [www.queens.org/findadoctor](http://www.queens.org/findadoctor) or call The Queen's Referral Line at 808-691-7117.**

### INFANT SECURITY

Keeping your baby safe and secure is our top priority. When your child is born, an identification band will be placed on you, your baby, and your support person. The identification numbers on the bands will always be matched when your baby is moved from your room to the nursery and back again. Additionally, your baby will also have a security device attached to their ankle to monitor their presence within the Postpartum Unit.







### CELEBRATION MEAL

Celebrate the birth of your baby and your new parenting role by enjoying a gourmet meal and private time with your partner before going home.

You can choose from various menu selections, including a vegetarian option. All entrees include accompaniments, such as salad and dessert.

### BREASTFEEDING

Although breastfeeding is a natural process, it can take some learning for both you and your baby. Our nurses have been trained in breastfeeding and are committed to assisting and educating you during your stay. Staff can also provide you with information on helpful community resources after you leave the hospital. Lactation consultants are available for any additional breastfeeding support.

### NEWBORN PICTURES

Newborn photography is available in the hospital, taken by a professional photographer with parents' permission. Queen's has partnered with Bella Baby to capture your newborn's first moments. Your baby's photos can be posted on the secure Queen's web portal, if desired, and photo packages are available to order. New parents can log in to view and share those first precious photos.

### BIRTH CERTIFICATE

A worksheet will be provided for you to complete during your stay by our Vital Statistics Department for official certification of your newborn's birth. A Social Security number for your baby may be requested via the birth certificate application.

### CHECKOUT

For vaginal births, the usual length of stay is two nights; for cesarean section births, the length of stay is typically three nights. Please check with your insurance provider for your specific hospital stay coverage.

## Questions, Special Arrangements, or Other Concerns

- If you are interested in cord blood banking or taking your placenta home, please discuss with your physician before birth.
- Any other questions or concerns may be directed to Labor & Delivery at 808-691-4227.

*Mahalo for entrusting The Queen's Medical Center with the joyous occasion of your baby's birth. We look forward to seeing you on your special day.*



Notes

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## Level 1

-  ATM
-  Café Aloha
-  Gift Shop
-  Harkness Dining Room
-  Information
-  Restroom



### CAMPUS DIRECTIONS to Maternity Services

- Park at **Miller Parking**
- Take the Parking Elevator to **Level B-2**
- Follow the signs to the **Hospital**
- Enter the Hospital at the **Lobby** entrance
- Follow the signs to **Queen Emma Elevator**
- Take Queen Emma Elevator to **Level 10**
- Follow the signs to **Labor & Delivery**

## Lobby Level



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MANAMANA**

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Level 10 via Queen Emma Elevator  
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Phone: 808-691-4227  
[www.queens.org/maternity](http://www.queens.org/maternity)